

Temple Menorah

1101 Camino Real, Redondo Beach, CA 90277
Phone: 310-316-8444 Fax: 310-540-7677

www.templemenorah.org

High Holy Day Information

2010 - 5771

Rosh Hashanah

September 8, 9 & 10

Yom Kippur

September 18 & 19

Steven L. Silver, Rabbi
Robin Franko, Executive Director
Randi Sher, Director of Education
Sheldon Rocker, President

Jewish New Year 5771
September 2010

Dear Friends and Temple Members:

The board of directors of Temple Menorah wishes you a joyful and healthy New Year. We are extremely glad you are here and we all look forward to greeting you during the holiday services.

If you are a guest and joining our congregation for the first time I personally wish you a L'Shanah Tovah. I hope after you experience the warmth of our congregation and the passion of our clergy that you consider joining us for more of our many joyous occasions we will celebrate in this new year of 5771.

If you are a member please take a moment to look around and honor your first mitzvah for the year by extending your hand to welcome someone new or someone you don't recognize. Spread the feeling of mishpacha that I think identifies us as Jews.

Every year the High Holy Day committee, led by Hilda Weintraub, Allen Shall & Shirley Kaufman, spends long hours preparing to make the busiest time of year as comfortable and effortless as possible. Their job is to provide you assistance and guidance to allow you to fully enjoy your services from Erev Rosh Hashanah to Break-the-Fast at the conclusion of Yom Kippur.

Rabbi Silver will lead services that are both traditional and contemporary but most of all beautiful and inspiring. Dan Spector, our talented music director, has prepared our choir to fill the room with melodies that will touch your hearts. Finally, we will all be privileged to hear our talented congregants read from the Torah and lead us in various prayers.

As President, one of my responsibilities is to prepare our facility to be safe and protected while you are here. This year, as always, we will provide security upon entry and around the perimeter, and I have also invited a few of my friends to attend as well. So, seated among you are Deputy Sheriffs who are enjoying services but are also keeping their eyes open for your safety. They are trained to be aware of threats and to add an element of safety that we have never had before.

I hope to meet you during these joyous days. On behalf of my wife Joy, my children Lyle, Ava and Lana, and me, we wish you a Happy New Year.

L'Shanah Tovah!

Sheldon Rocker

Sheldon Rocker
President

TEMPLE MENORAH

HIGH HOLY DAY 2010 - 5771 SERVICE SCHEDULE - L'SHANAH TOVA

Selichot Program	Saturday, September 4	8:30 p.m.
<i>"Lies My Father Told Me" - Movie and Discussion led by Rabbi Silver</i>		
Erev Rosh Hashanah Service [Ticket Required]	Wednesday, September 8	7:30 p.m.
Rosh Hashanah – 1 st Day [Ticket Required].....	Thursday, September 9	10:00 a.m.
Children's Programming for students K-6 th grades		10:00 a.m.
Tot Family Service for pre-school age families		9:00 a.m.
Mishpacha Minyan (Patio)	<i>Following Rabbi's Sermon at Approximately Noon</i>	
Rosh Hashanah – 2 nd Day [No Ticket Required]	Friday, September 10	10:00 a.m.
Kugel Kiddush (<i>Hosted by Sisterhood</i>)		1:00 p.m.
Community Tashlich at the Manhattan Beach Pier.....		5:00 p.m.
Shabbat Shuvah	Saturday, September 11	10:00 a.m.
Kol Nidre Service [Ticket Required]	Friday, September 17	7:30 p.m.
Yom Kippur Day [Ticket Required].....	Saturday, September 18.....	11:00 a.m.
Tot Family Service for pre-school age families		10:00 a.m.
Children's Programming for students K-6 th grades		11:00 a.m.
Mishpacha Minyan (Patio)	<i>Following Rabbi's Sermon Approximately</i> 1:30 p.m.	
Meditations of the Heart		2:30 p.m.
Mincha Afternoon Service		3:30 p.m.
Yizkor Service [No Ticket Required]		5:00 p.m.
Ne'ilah Service [No Ticket Required]		6:00 p.m.
Havdallah		7:15 p.m.
Shofar - <i>Children on Bimah</i>		7:15 p.m.
Community Break-the-fast (<i>Hosted by Sisterhood</i>)	<i>Follows the Shofar</i>	
Community Pot Luck Dinner (in Sukkah).....	Wednesday, September 22 ..	6:00 p.m.
Erev Sukkot Religious School Family Service).....	Wednesday, September 22 ..	7:00 p.m.
Sukkot Morning Service.....	Thursday, September 23	10:00 a.m.
Shemini Atzeret – Yizkor Service	Thursday, September 30	10:00 a.m.
Simchat Torah Celebration Service	Thursday, September 30	7:00 p.m.

FOR SECURITY REASONS, PLEASE REMEMBER THAT FOR ALL SERVICES YOU MUST PRESENT A GOVERNMENT ISSUED PHOTO ID (DRIVER'S LICENSE, PASSPORT, ETC.) IN ORDER TO BE ADMITTED.

CHILDREN AND STUDENTS DO NOT NEED A TICKET

STUDENT ID IS REQUIRED FOR ALL STUDENTS AGE 16 AND OLDER

U.S. MILITARY AND SWORN POLICE OFFICERS ARE WELCOMED AS OUR GUESTS.

1101 CAMINO REAL, REDONDO BEACH, CA 90277 (310) 316-8444 WWW.TEMPLEMENORAH.ORG

GENERAL HIGH HOLY DAY INFORMATION

TICKETS

As is customary in most synagogues, tickets are required for High Holy Days. Members in good standing receive tickets with their membership. Tickets are included in this packet for all members whose pledges have been received and whose payments are current. There will be no additional mailing of tickets. Names will be printed on each ticket and a government issued photo ID must be shown with ticket when coming to High Holy Day services.

Those with membership arrangements still pending will need to pick up their High Holy Day tickets at the Temple office at a cost of \$218.00 each. This amount will be applied against their membership as soon as their membership application is processed. The Temple office is open from 9am to 5pm Monday through Thursday and from 9am to 4pm on Friday. *We urge you to take care of your Pledge Commitment as soon as possible in order to avoid the inconvenience of last minute delays.*

Dependent children and dependent college students do not require tickets. As a benefit of membership, you may purchase tickets for immediate family members for the High Holy Days at \$100.00 each. Friends, cousins, and non-members may purchase individual tickets for \$218.00 each. The ticket price may be applied toward membership until January 1, 2010. We encourage and welcome independent adult children living in the area to become members in their own right.

SECURITY INFORMATION

Please be advised that in order to be admitted to High Holy Day services, each adult* **MUST** have a ticket with their name on it and a government issued photo ID (such as a valid driver's license or current passport).

Entrance to High Holy Day services and ID check will be at the parking lot gate (by the elevator).

For services not requiring a ticket, a government issued photo ID will still need to be presented.

We hope everyone will feel safe at our Synagogue with these measures that have been put into place.

** Military personnel and their dependents will be admitted without tickets, as always, but will need to show current military ID.*

**Dependent children and dependent college students do not need a ticket.*

PARKING INFORMATION

Parking is available for free on Knob Hill, at Wilderness Park, or at the Church of Religious Science (907 Knob Hill) except on Sundays. The Church requests that no one use any marked parking spaces. Parking in our Temple lot will **ONLY** be available for disabled persons displaying an official Disabled Persons Placard (there is no charge to these people). Parking will also be available for those that have pre-paid the \$360 donation** for High Holy Day parking; and reserved spaces for the Rabbi. For security reasons, entrance to the parking lot will be available **ONLY** through Knob Hill, i.e. the Camino Real entrance will be closed. Guards will grant entrance only to people displaying the Disabled Persons Placard and those appearing on the list of parking donations.

***\$360 donation spaces must be arranged prior to the High Holy Days.*

MACHZORIM (PRAYER BOOKS)

Members of the congregation supply their own High Holy Day prayer books. *Gates of Repentance*. Machzorim are available for purchase in the synagogue office or Gift Shop at a cost of \$25.00 each. If you need them for you or your guests, please purchase in advance. A limited supply will be available to borrow on a first come first served basis.

TALLITOT AND KIPPOT (PRAYER SHAWLS & YARMULKES)

Temple Menorah encourages both men and women to wear Tallitot and Kippot during morning services. The only evening service at which a Tallit is worn is Yom Kippur.

TASHLICH

It is customary sometime during the period from the first day of Rosh Hashanah until the last day of Sukkot to go to a flowing body of water and symbolically cast our sins away by throwing breadcrumbs into the water. (This ceremony is accompanied by reciting Micah 7:18-20, Psalms 118:5-9, and Psalms 33 and 130.) The verse "You will cast (*tashlich*) your sins into the depths of the sea" is cited as support for this custom.

A *Tashlich* community service will take place at the Manhattan Beach Pier on the second day of Rosh Hashanah, Friday, September 10th at 5:00pm. Please consider writing your sins that you wish to cast away on a slip of paper and we will collect and dispose of them for you.

BREAK - THE - FAST

At the end of Yom Kippur, Sisterhood, as it has for many years, will sponsor an orange juice and cake "Break-the-Fast" for the entire congregation at approximately 7:15pm (after the Shofar is blown) on the plaza.

SOVA HIGH HOLIDAY FOOD DRIVE

Temple Menorah will participate in an International High Holy Day Hunger Project initiated by the Religious Action Center of Reform Judaism. We are requesting that bags be filled with non-perishable food items and brought to the synagogue during the High Holy Days. These bags will be delivered to the SOVA Food Bank to provide food to the many needy people living in nearby communities. We also encourage you to supplement your food donation with a check to Temple Menorah for Mazon: A Jewish Response to Hunger. Please see the Sova Food Pantry Program section in this booklet for additional information.

UNDERSTANDING THE HIGH HOLY DAYS

The New Year

In the seventh month, on the first day of the month, you shall observe complete rest, a sacred occasion commemorated with loud blasts. {Lev.23:32}

Rosh Hashanah is referred to in the Torah as Yom Teruah — the Day of Sounding the Shofar (when not falling on Shabbat) — or Yom HaZikaron — Day of Remembering. It was not called Rosh Hashanah, the New Year, until Talmudic times. While it is clear from the verse above that this was a festival day in the Bible, the nature of the festival is unclear. The notion of Rosh Hashanah as the New Year may have come later. In the tradition, Rosh Hashanah as the New Year is tied to the creation of the world. Thus in the Talmud there is a debate as to whether the world was created in Nisan (the month when Passover falls) or in Tishri. This reflects a more general divergence of practice found throughout the ancient world, where some people's new year began in the spring (Nisan) and other's in the fall (Tishri). The Talmud settles the argument by saying, "You're both right," there being three new years in the Jewish calendar. Nisan 1 is the New Year for tithing of animals; Shevat 15 (Tu B'Shvat) is the new years for the trees; and Tishri 1 is the new year for years and marks the anniversary of the creation of the world.

Biblical scholars speculate that Rosh Hashanah's origin lies in ancient Near Eastern divine coronation festivals, some of which took place in the fall. If this is true, then it is not surprising that God as King is the central motif of the Rosh Hashanah liturgy.

The focal place for our observance of Rosh Hashanah is the synagogue rather than the home. The synagogue services are long, exceeded by only those of Yom Kippur. The liturgy's main theme is that of God as King-*melekh*, the One who created the world and continues to renew His creation. The themes of God as King and Rosh Hashanah as the birthday of the world are intertwined with those stating that this is a period of repentance that God is in the process of judging all living things. The traditional *nusah*, the musical rendition for the High Holiday services, conveys the solemnity of the period.

Each of the services has its own variation in the music for the High Holy Days. There is even a different musical rendition of the *trope*, cantillation, for the Torah readings of Rosh Hashanah and Yom Kippur.

Today is the Birthday of the World

Rosh Hashanah as the birthday of the world recalls for us God's creation of the world in the beginning of time. Strikingly, the Torah reading for Rosh Hashanah is *not* the story of creation {Gen.1:1} but rather the birth of Isaac, and the haftarah concerns the birth of Samuel—both tales of long-desired births to barren women. *Pesikta Rabbati*, an early rabbinic midrashic work, states that the world was created on the twenty-fifth of Elul. Rosh Hashanah then is the sixth day of creation, the day on which humans were created. For the beginning of humanity marks the real beginning of creation. It is the beginning of history and most of all the beginning of the relationship between the human and the Divine. Rosh Hashanah thus affirms the importance of human life, even of one single birth, as the equivalence of God's creating the world. By stressing life, it calls upon us to examine the quality of our lives as we prepare for Yom Kippur—the day when life is to be judged.

Rosh Hashanah

Other Customs. There are several customs unique to Rosh Hashanah. Candles are lit and Kiddush is said as on all holidays. There are a number of food customs associated with Rosh Hashanah, the most prevalent being the dipping of apples in honey. As an expression of a desire for a sweet year, apples, or other foods such as challah, are dipped in honey at the beginning of meals on Rosh Hashanah. The phrase "May it be Your will to renew us for a year that is good and sweet" is recited. We do not put salt on our challot even though this is customary on Shabbat because we want the sweet taste of honey, not a salty taste. It is customary to eat round challot rather than the oval or rectangular ones. This is significant. Round challot look like crowns—either the crown of God's kingship or the crowns with which God traditionally rewards the people of Israel if they are righteous. There is a related old tradition of making hallot in the shape of ladders (we will be exalted or brought low) or the shape of birds "Like the birds that fly, even so will the Lord of Hosts shield Jerusalem, shielding and saving, protecting and rescuing. Then the children of Israel shall return to Him..." {Isa. 31:5-6}.

Other food customs are to eat foods that in similar ways also express wishes for the New Year, e.g., eating the head of a fish since we would rather be a head than a tail.

We do not eat nuts, because the Hebrew letters of the word-*egoz* (*nut*) have a numerical equivalent to the Hebrew word for sin. At the beginning of the second evening meal of Rosh Hashanah, it is customary to eat a "funny fruit," which means any fruit we have not eaten in a long time, such as casaba melon, kiwi, etc. This has to do with the question of reciting the *she-he-heyenu* blessing on the second night, which is explained below in the discussion of why Rosh Hashanah is celebrated for two days even in Israel.

Tashlich

On Rosh Hashanah afternoon it is customary to go to a flowing body of water (a river, lake, or ocean rather than a pond) and symbolically cast our sins away by throwing bread crumbs into the water. This ceremony is accompanied by reciting Micah 7:18-20, Psalms 118:5-9 and Psalms 33 and 130. The verse "You will cast {*tashlich*} your sins into the depths of the sea" {Mic. 7:19} is cited as support for this custom. *Tashlich* has been opposed by a number of rabbinic scholars who are afraid the symbolism will be taken too literally and people will believe they can rid themselves of sin through this ceremony rather than through the arduous process of repentance. Despite this opposition, *tashlich* is still widely observed. Tashlich may be observed on any day from the first day of Rosh Hashanah until Hoshana Rabbah (the last day of Sukkot).

This year we will be observing Tashlich on the second day of Rosh Hashanah following services because the first day of Rosh Hashanah falls on Shabbat.

Why is Rosh Hashanah Two Days?

Unlike other festivals that are celebrated in the Diaspora for two days because of uncertainty about the calendar, Rosh Hashanah is the only holiday celebrated for two days in Israel. The reason is the same as with all the other festivals, that is, the uncertainty involved in a calendar that depended on when the new moon was promulgated by the rabbinic court in Jerusalem. The problem of Rosh Hashanah is heightened by the fact that it falls on Rosh Chodesh—the new moon itself; therefore, even in Jerusalem, it would have been difficult to let everyone know in time that the New Year had begun. To solve this problem, a two-day Rosh Hashanah was practiced even in Israel. (Note: Once the calendar was set, people in Israel observed only one day until the early Middle Ages, when the practice was changed back to observing two days).

Kol Nidre ♦ Yom Kippur ♦ The Implications of Teshuvah

Yom Kippur is supposed to lead from thought to deed; from looking at ourselves to transforming the way we act. The haftarah of Yom Kippur is a striking statement of the larger importance of the day and warns us against the danger of thinking that all this praying in and of itself is enough. Instead in the haftarah God quotes our words and answers us:

Why, when we fasted, did You not see? When we starved our bodies, did You pay no heed?" Because on your fast day you see to your business and oppress all your laborers! Because you fast in strife and contention, and you strike with a wicked fist! Your fasting today is not such as to make your voice heard on high. Is such the fast I desire, a day for men to starve their bodies? Is it bowing the head like a bullrush and lying sackcloth and ashes? Do you call that a fast, a day when the Lord is favorable? No, this is the fast I desire: to unlock the fetters of wickedness, and untie the cords of the yoke to let the oppressed go free; to break off every yoke. It is to share your bread with the hungry and to take the wretched poor into your home; when you see the naked, to clothe him, and not to ignore your own kin. {Isa. 58:3-7}.

Personal change is to lead us to work for social justice in the world. Projects in support of tzedakah and social justice should be given extra attention at this time of year.

It is traditional to light Yizkor candles on Erev Yom Kippur. Candle lighting should occur before coming to Kol Nidre Service.

A Guide to Greetings

Between Rosh Hashanah and Yom Kippur it is customary to greet one another with any of the following traditional greetings:

Shanah Tova – A Good Year,

L'Shanah Tova Tikatevu – May you be inscribed for a good year [in the Book of Life],

L'Shanah Tova U'Metukah – May you be inscribed for a good and sweet year [in the Book of Life].

On Yom Kippur however, the greeting changes to G'mar Hatimah Tova which means A Good Final Sealing [in the Book of Life] to you.

Holiday Challah

As an expression of a desire for a sweet year, apples and Challah are dipped into honey at the beginning of meals during Rosh Hashanah. The phrase “May it be Your will to renew us for a year that is good and sweet” is recited.

It is also customary to eat round Challahs rather than the oval Challah because the round shape resembles a crown. In Judaism the crown has a special significance as it can be either the crown of God’s kingship or the crown with which God traditionally rewards the people of Israel if they are righteous.

Special holiday Challahs can be pre-ordered for pickup prior to Rosh Hashanah, Yom Kippur and Sukkot in the enclosed order form. Challah pickup dates are:

Rosh Hashanah – Pickup on Wednesday, September 8th by 1:00 p.m.

Yom Kippur – Pickup on Friday, September 17th by 4:00 p.m.

Sukkot – Pickup on Wednesday, September 22nd by 1:00 p.m.

Community Participation

The High Holy Days at Temple Menorah are a time filled with spirit, meaning, and thought. It is also a wonderful opportunity to meet the warm and friendly Temple Menorah community. We invite you to take advantage of the many opportunities to meet your extended Temple Menorah family by participating in the service and/or volunteering to usher for a short duration over the High Holy Day period.

Enclosed in this packet are forms soliciting your participation in the service and/or help with ushering. Please review the enclosed forms and consider participating in a way that is comfortable to you.

L'Shanah Tova U'Metuka!



presents: **HIGH HOLY DAY**

Children's Programming

Services, Activities and Snacks

**K -- 6th
grade!**

Rosh Hashanah, Thursday, Sept. 9th: 10:00 a.m. - 1:00 p.m.

Yom Kippur, Saturday, Sept. 18th: 11:00 a.m. - 2:30 p.m.

Let your kids enjoy an AMAZING holiday experience while you join the rest of the congregation in prayer.

➤➤➤ **Please fill out the enclosed Children's Programming Reservation Form to help us plan.**

Following the rabbi's sermon, please join your children in the tent for our **Mishpacha Minyan Family Service:**

Rosh Hashanah: noon'ish

Yom Kippur: 1:30'ish

7th Grade & Above: Students are expected to worship in the Main Sanctuary with their families, unless they are volunteering in children's programming.

Please contact Jessica if you wish to volunteer.
(310) 316-8444 ext. 113 or JTourtelot@templemenorah.org

YOM KIPPUR LUNCHES FOR KIDS ONLY!

- Be sure to send a bag lunch with your child. *No pork products (ham, etc), shellfish, or peanut products.*
- Child's name must be clearly marked on the bag.
- Students will eat during their programming so that parents can remain until the end of services

HIGH HOLY DAY

Child Care

DATE	CHILD CARE HOURS	FEE PER CHILD
All High Holy Day Services	(see times below)	\$50
Erev Rosh Hashanah Wednesday, September 8 th	7:15 pm – end of service	\$25*
1st Day Rosh Hashanah Thursday, September 9 th	9:15 am – end of service	\$25
2nd Day Rosh Hashanah Friday, September 10 th	9:15 am – end of service	\$25
Kol Nidre Friday, September 17 th	7:15 pm – end of service	\$25*
Yom Kippur Saturday, September 18 th	10:45 am – 2:30pm	\$25

*Charge for attending a single service only.

➤➤➤➤ Please fill out enclosed Child Care Reservation Form ◀◀◀◀

HIGH HOLY DAYS

Preschool Family services

Worship together as a family in this child-centered High Holy Day service with all the familiar tunes.

Rosh Hashanah Day I

Thursday, September 9th 9:00 a.m. – 10:00 a.m.

Yom Kippur

Saturday, September 18th 9:30 a.m. – 10:30 a.m.

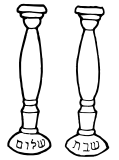
Preschoolers will be escorted back to the school rooms for additional programming and activities following this service.

SISTERHOOD JUDAICA SHOP

MAKE YOUR SISTERHOOD JUDAICA SHOP THE FIRST STOP FOR ALL YOUR HOLIDAY NEEDS.



High Holy Day books (Gates of Repentance) are \$25.00.
Large selection of New Year's cards and gifts, yahrzeit candles, kiddush cups, honey dishes, candlesticks, tallitot, kippot and more.



Holiday Shopping Hours



Sunday, September 13.....Religious School..... 9:00 a.m. --- 12:00 p.m.
Wednesday, September 16.....Religious School..... 4:30 p.m. --- 6:30 p.m.

**BY APPOINTMENT PLEASE CALL CANDI OLIT AT (310) 540-2356 OR (310) 944-0276 OR
EMAIL: CANDIO53@AOL.COM**

SOVA FOOD PANTRY PROGRAM

HIGH HOLY DAY FOOD DRIVE 2010 / 5771

SOVA is a program of Jewish Family Service of Los Angeles and a beneficiary of the Jewish Federation

"If you offer your compassion to the hungry and satisfy the famished creature, then shall your light shine in darkness and your gloom shall be like noonday."

-Isaiah 58:10

The hunger rate in Los Angeles County is nearly double the national average, making it "The Hunger Capital of the Nation."

The need for hunger relief assistance is greater than ever before.
Please be our partner in fighting hunger throughout Los Angeles.

May the New Year bring you health, happiness, and peace.

~ The staff, volunteers, and clients of the SOVA Food Pantry Program



"Thou shalt eat and be satisfied, and bless the Lord, thy God" -Deuteronomy



**PLEASE BRING YOUR FOOD TO THE STAGE IN THE SOCIAL HALL
ON OR BEFORE**

YOM KIPPUR, SATURDAY, SEPTEMBER 18TH



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