

LEARNING AND HEALTH @ TEMPLE MENORAH



Continuing Jewish Education Programs - 5770

the rabbi's tisch

As part of the adult education series, join us around the Rabbi's Tisch (table) Sunday mornings to learn more about Jewish topics in an informal, yet intimate setting. Work closely with Rabbi Silver in these one-hour sessions to get a taste of each topic. Bagels will be served at 9:00am discussion follows from 9:15 – 10:45am. **Sunday: 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, 12/6, 12/13, 3/14, 3/21, 4/18, 4/25; No Charge**

torah study with Rabbi Silver

Torah Study incorporates reading the weekly Parasha and studying various contemporary commentaries on the portion. Open group discussions and reading from the regular Torah Book rounds out this lively form of worship and study with Rabbi Silver. **Tuesday: 11:00am – 12:00pm (begins October 27) No Charge**

trope with Cantor Didi

Spend time with the Cantor and learn how to chant the melody used for reading the Torah! **Tuesday: 7:00-8:00pm (begins October 27) Cost: \$180**

make sense of US/Middle East relations: 1914 to 2001 (9/11)

A six week Modern History series of audio-visual lectures and discussions by Dr. Salim Yaqub, professor of history at UCSB. This video lecture series will cover the Ottoman empire, WWII, creation of Israel, six day war, etc. **Tuesday: 7:00 – 8:00pm; 10/20, 10/27, 11/3, 11/10, 11/17, 12/1 Cost \$48**

read hebrew america

with Rabbi Deborah Goldmann
Tired of looking at the prayer and feeling intimidated by the Hebrew letters? Come learn Hebrew and feel your confidence quickly blossom. Soon you'll feel motivated to join the B'nai Mitzvah class (see Wednesdays). **Wednesday: 7:30pm – 9:00pm, October 20 – Dec 8; No Charge**

adult hebrew with Cantor Didi

This more intensive Hebrew course is designed as a prerequisite for the Adult B'nai Mitzvah class. **Wednesday: 7:00pm – 8:00pm (begins October 21) Cost: \$180**

judaism 101 with Rabbi Silver

Judaism 101 is a class designed for people who want to gain an intellectual knowledge of Judaism as well as the skills to perform basic rituals. It can also serve as a "refresher" course for those returning to a more active synagogue life. The course is broken down into two 9-week sessions — Attendance at all 18 weeks of the class is a requirement for conversion. **Thursday: 7:30pm – 9:30pm (Begins October 22; part 2 begins February 11) Single: Member \$150 / Non-Member \$195 Couple: \$250 / Non-Member \$295**

New at Temple Menorah!!

Monday's

babes & blocks with Miriam Nash

Designed for babies 6—18 months with a parent; strengthen your bond with your baby through touch, play, song and interaction. Miriam Nash has a BS in Early Childhood Education and Certified Lactation Consultant. **9:00 – 10:00 a.m.; Oct 5 - Dec 14; Members \$118 / Non-Member \$150**

Tuesday's

yoga level I/II with Lina Haskel

Take time to exercise, relax and enjoy the amazing benefits of Yoga in a class that will be apt for beginners, yet challenging for those who have already practiced yoga. (Yoga mat is required) **9:15am – 10:15am; Cost \$10 in advance, \$12 at the door**

For more information and questions please contact Paola at (310) 316-8444 or Phirsch@templemenorah.org

Please complete the form and return to Temple Menorah with payment enclosed.

First Name: _____ Last Name: _____
 Email Address: _____
 Mailing Address: _____
 City, State, Zip: _____
 Home Phone: _____ Mobile Phone: _____

Class Name	Fee	Class Name	Fee
_____	_____	_____	_____
_____	_____	_____	_____
Total Fees			_____

I am enclosing a check made payable to Temple Menorah

Please Note: By signing this form, you are permitting Temple Menorah to use photographs, videos and testimonials of you and your children while attending or enrolled in this program/event for use in Temple Menorah's promotional, marketing, program materials and media.

Date Registration Received:	Cash Rec'd:	Check #:
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